

## **2016 CHNA Implementation Plan**

Summary of planned actions to address needs identified in the 2016 Community Health Needs Assessment of Oktibbeha County, MS and the OCH Regional Medical Center Service Area

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Approved by Board of Trustees 01/09/2017
Posted to OCH Web Site 01/10/2017

	PRIORITY		NEEDS		IRS REQUIRED COMPONENTS	
	Description of the health need assessed and the source	Description of how the hospital facility plans to address the health need; or	Explanation of why the hospital facility does not intend to address the health need	Description of actions the hospital facility intends to take to address the health need and the anticipated impact of these actions	Description of resources the hospital facility plans to commit to address the health need	Description of any planned collaboration between the hospital facility and other facilities or organizations in addressing the health need
1 ***	Chronic Diseases (Heart Disease, Diabetes, Hypertension, Stroke, Respiratory Disease)	Reduce the prevalence of chronic diseases by education, support groups, and monitoring events	n/a	<ol> <li>Mass media campaign to educate a large and broad audience</li> <li>Identify programs the hospital and community already have in place to address chronic illnesses</li> <li>Marketing department to assist in production of media to distribute</li> <li>Have more appropriate programs to address chronic illness (diabetes education, heart healthy diet and exercise programs, etc.) hosted by hospital into community settings</li> </ol>	<ol> <li>Marketing dept.         to lead media         campaign.</li> <li>Department         heads prioritize         and request         budget resources         to increase         marketing and         group programs</li> <li>Department         heads to help         identify places in         the community         outside the         hospital in which         to "take programs         to the         community"</li> <li>Advertise cardiac         rehab</li> </ol>	<ol> <li>Local newspapers, radio, and TV</li> <li>OCH website, app, and social media to promote programs.</li> <li>Explore involvement of faith-based communities.</li> <li>Community organizations (Healthy Starkville, Volunteer Starkville, American Heart Association local chapter, MS Diabetes Foundation local chapter, etc.)</li> </ol>

PRIORITY		NEEDS		IRS REQUIRED COMPONENTS		
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				See Appendix 1 for specific hospital programs that have and will continue to address health needs.		
2 ***	Access to affordable care & lack of access to preventive care and screenings (insurance/primary care providers)	1. Increase access to primary care providers and increase community and service area awareness of available resources (including preventative care and screenings) 2. Improve communicatio n to public regarding availability of onsite	N/A	1. OCH recently recruited and employed a full-time primary care physician for the community and has increased the number of nurse practitioners available to see primary care patients. Existing family practice physician to collaborate with nurse practitioners and plans already in place to re-open Rural Health Clinic when feasible (in mid-2017)	1. Marketing dept. to producing media for distribution 2. PR director to coordinate visiting area health facilities and other organizations to distribute information on available programs and primary care providers	<ol> <li>Local health facilities</li> <li>Local newspapers, radio, and TV</li> <li>OCH website, app, and social media to promote programs</li> </ol>

PRIORITY	PRIORITY			IRS REQUIRED COMPONENTS	
Description of the health need assessed and the source	Description of how the hospital facility plans to address the health need; or	Explanation of why the hospital facility does not intend to address the health need	Description of actions the hospital facility intends to take to address the health need and the anticipated impact of these actions	Description of resources the hospital facility plans to commit to address the health need	Description of any planned collaboration between the hospital facility and other facilities or organizations in addressing the health need
	Medicaid enrollment service 3. Explore ways of expanding Medicaid enrollment service to include MS Health Insurance Exchange 4. Provide resources for uninsured who are seeking care to apply for Medicaid and S-CHIP (children) when appropriate		<ol> <li>Visit area health facilities and other organizations to distribute information on available programs and primary care providers</li> <li>Consider feasibility in operating a free clinic staffed with volunteer providers (Physicians, NPs, RNs, etc.) once a month or as often as possible by mid-2018</li> <li>Highlight plans for rural health center by mid-2017 and consider possibility and feasibility of developing and operating a Federally Qualified Health Center FY 2018</li> </ol>		

	PRIORITY		NEEDS		IRS REQUIRED COMPONENTS		
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3	Obesity (adult and	Reduce	N/A	See Appendix 2 for specific hospital programs that have and will continue to address health needs.  1. Mass media	Marketing Dept.	Local newspapers,	
***	child) Lack of physical activity	prevalence of obesity among community and service area through promotion of healthy eating and physical activity		campaign to educate a large and broad audience  2. Explore collaboration with local primary care providers to advertise "Healthy You Clinic" to which providers could refer patients with appropriate health care coverage for exercise and nutrition counseling for which independently run clinics may not have the resources to develop and implement	to lead campaign  2. Fitness staff to organize and manage health fairs and health fair participation  3. Dietary and education staff  4. Employee volunteers  5. Determine feasibility of OCH providing NP, RNs, nutritionists and fitness staff to operate Healthy You & School based clinic by FY 2018	radio, and TV  2. OCH website, app, and social media to promote programs  3. School systems and their websites and social media outlets  4. School nurses	

PRIORITY	PRIORITY			IRS REQUIRED COMPONENTS	
Description of the health need assessed and the source	Description of how the hospital facility plans to address the health need; or	Explanation of why the hospital facility does not intend to address the health need	Description of actions the hospital facility intends to take to address the health need and the anticipated impact of these actions	Description of resources the hospital facility plans to commit to address the health need	Description of any planned collaboration between the hospital facility and other facilities or organizations in addressing the health need
			<ol> <li>Sponsor health fairs for adults and children with height, weight, and BP screens with health information provided at children's level</li> <li>Offer weight loss programs in partnership with Weight Watchers, faith-based communities, local community organizations, etc.</li> <li>Consider programs already in place at OCH</li> <li>Explore ways to increase the visibility of Wellness Connection &amp; services offered in the community and surrounding area</li> </ol>		

PRIORITY		NEEDS		IRS REQUIRED COMPONENTS	
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			7. Continue community sports physicals with local physicians and NPs 8. Discuss feasibility of implementing school based clinic staffed with NPs and nurses to provide screenings/well- child checks/EPSDT visits and sick visits for students and school staff of Starkville/Oktibbeha Co. to reduce absenteeism and increase the frequency of child well-visits in FY 2018  See Appendix 3 for specific hospital programs that have and will continue to address health needs.		

	PRIORITY		NEEDS		IRS REQUIRED COMPONENTS	
	Description of the health need assessed and the source	Description of how the hospital facility plans to address the health need; or	Explanation of why the hospital facility does not intend to address the health need	Description of actions the hospital facility intends to take to address the health need and the anticipated impact of these actions	Description of resources the hospital facility plans to commit to address the health need	Description of any planned collaboration between the hospital facility and other facilities or organizations in addressing the health need
***	Lack of coordination of available community health resources	Improve access and coordination of available community health resources	N/A	<ol> <li>Develop and implement a community health resource databank of available local community health resources in FY 2017</li> <li>Provide coordinated information and assistance for community members and local health care providers</li> </ol>	<ol> <li>PR Director to lead development and implementation of community health resource databank</li> <li>PR Director to coordinate visits to clinics, local organizations, and providers</li> </ol>	<ol> <li>Local newspapers and radio.</li> <li>OCH website, app, and social media to promote databank.</li> <li>Local MDs, NPs, Dentists, OCH, and local organizations</li> </ol>
***	Mental Illness	N/A	<ol> <li>Facility         (Region 7) is         in the         community to         manage         mental health         needs</li> <li>OCH lacks the         expertise and         resources to         manage         mental health         needs</li> </ol>	N/A	N/A	N/A

	PRIORITY		NEEDS		IRS REQUIRED COMPONENTS	
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***	Lack of Transportation	N/A	1. City of Starkville provides "SMART BUS" transport throughout the city including stops at OCH several times daily 2. The state provides for transportation of Medicaid participants	N/A	N/A	N/A

## **Appendix 1**

## Priority 1 - Chronic Diseases (Diabetes, Hypertension, Stroke, Respiratory Disease) - Specific programs provided by OCH Regional Medical Center during FY 2016:

## **Departments Coordinating/Promoting**

Asthma education services Pulmonary Function/Nursing COPD disease management Nursing/Pulmonary Function

Diabetes self-management training Dietary

Diabetes support group Dietary/Marketing/Public Relations

Let's do lunch community programs Cardiac Rehab/Marketing/Public Relations/Medical

Staff/Physical Therapy/Pulmonary Function

Metabolic testing for dietary wellness Dietary/Pulmonary Function

Nutrition consultation (one on one) Dietary

OCH Health Fair-at OCH Dietary/Marketing/Nursing/Physical Therapy/Public

Relations/Speech-Language/Wellness Center/ Wound

Center

Pulmonary rehab programs

R.O.A.D. program

Pulmonary Function
Pulmonary Function
Pulmonary Function
Pulmonary Function

Stroke support group Marketing/Public Relations/Nursing/Speech-Language

Pathology

## Priority 1 - Chronic Diseases (Diabetes, Hypertension, Stroke, Respiratory Disease) - Specific programs provided by OCH Regional Medical Center during FY 2015:

## **Departments Coordinating/Promoting**

Annual diabetes fair Dietary/Marketing/Public Relations
Asthma education services Pulmonary Function/Nursing
COPD disease management Nursing/Pulmonary Function

Diabetes self-management training Dietary

Diabetes support group Dietary/Marketing/Public Relations

Let's do lunch community programs Cardiac Rehab/Marketing/Public Relations/Medical

Staff/Physical Therapy/Pulmonary Function

Metabolic testing for dietary wellness Dietary/Pulmonary Function

Nutrition consultation (one on one) Dietary

Pulmonary rehab programsPulmonary FunctionR.O.A.D. programPulmonary FunctionSleep medicine labPulmonary Function

Stroke support group Marketing/Public Relations/Nursing/Speech-Language

**Pathology** 

# Priority 1 - Chronic Diseases (Diabetes, Hypertension, Stroke, Respiratory Disease) - Specific programs provided by OCH Regional Medical Center during FY 2014:

## **Departments Coordinating/Promoting**

Annual diabetes fair Dietary/Marketing/Public Relations
Asthma education services Pulmonary Function/Nursing

Diabetes self-management training Dietary

Diabetes support group Dietary/Marketing/Public Relations

Let's do lunch community programs Cardiac Rehab/Marketing/Public Relations/Medical

Staff/Physical Therapy/Pulmonary Function

Nutrition consultation (one on one) Dietary

Pulmonary rehab programs

Sleep medicine lab

Pulmonary Function
Pulmonary Function

Stroke support group Marketing/Public Relations/Nursing/Speech-Language

**Pathology** 

# Priority 1 - Chronic Diseases (Diabetes, Hypertension, Stroke, Respiratory Disease) - Specific programs provided by OCH Regional Medical Center during FY 2013:

#### **Departments Coordinating/Promoting**

Center for tobacco treatment (ACT)

Annual diabetes fair

Asthma education services

Pulmonary Function/Respiratory Therapy
Dietary/Marketing/Public Relations
Pulmonary Function/Nursing

Diabetes self-management training Dietary

Diabetes support group Dietary/Marketing/Public Relations

Let's do lunch community programs Cardiac Rehab/Marketing/Public Relations/Medical

Staff/Physical Therapy/Pulmonary Function

Nutrition consultation (one on one) Dietary

Pulmonary rehab programs

Sleep medicine lab

Smoking cessation program

Pulmonary Function
Pulmonary Function
Pulmonary Function

Stroke support group Marketing/Public Relations/Nursing/Speech-Language

Pathology

## Priority 1 - Chronic Diseases (Diabetes, Hypertension, Stroke, Respiratory Disease) - Specific programs provided by OCH Regional Medical Center during FY 2012:

## **Departments Coordinating/Promoting**

Center for tobacco treatment (ACT) Pulmonary Function/Respiratory Therapy

Asthma education services Pulmonary Function/Nursing

Diabetes self-management training Dietary

Diabetes support group Dietary/Marketing/Public Relations

Let's do lunch community programs Cardiac Rehab/Marketing/Public Relations/Medical

Staff/Physical Therapy/Pulmonary Function

Nutrition consultation (one on one) Dietary

Pulmonary rehab programs

Sleep medicine lab

Pulmonary Function
Pulmonary Function

Stroke support group Marketing/Public Relations/Nursing/Speech-Language

**Pathology** 

# Priority 1 - Chronic Diseases (Diabetes, Hypertension, Stroke, Respiratory Disease) - Specific programs provided by OCH Regional Medical Center during FY 2011:

## **Departments Coordinating/Promoting**

Asthma education services Pulmonary Function/Nursing

Diabetes self-management training Dietary

Diabetes support group Dietary/Marketing/Public Relations

Let's do lunch community programs Cardiac Rehab/Marketing/Public Relations/Medical

Staff/Physical Therapy/Pulmonary Function

Nutrition consultation (one on one) Dietary

Pulmonary rehab programs

Sleep medicine lab

Pulmonary Function
Pulmonary Function

Stroke support group Marketing/Public Relations/Nursing/Speech-Language

**Pathology** 

Priority 1 - Chronic Diseases (Diabetes, Hypertension, Stroke, Respiratory Disease) - Specific programs provided by OCH Regional Medical Center during FY 2010:

## **Departments Coordinating/Promoting**

Asthma education services

Diabetes self-management training

Diabetes support group

Let's do lunch community programs

Staff/Physical Therapy/Pulmonary Function

Nutrition consultation (one on one)

Pulmonary rehab programs

Sleep medicine lab

Stroke support group

**Pulmonary Function/Nursing** 

Dietary

Dietary/Marketing/Public Relations

Cardiac Rehab/Marketing/Public Relations/Medical

Dietary

Pulmonary Function Pulmonary Function

Marketing/Public Relations/Nursing/Speech-Language

Pathology

## **Appendix 2**

Priority 2 - Access to affordable care & lack of access to preventive care and screenings (insurance/primary care providers) during FY 2016:

Marketing/Perinatal

Wellness Center

#### **Departments Coordinating/Promoting**

Annual world breastfeeding celebration -

Mothers, babies and advocates

Arthritis foundation exercise program (AFEP) Arthritis foundation aquatic program (AFAP)

**Wellness Center** Wellness Center/Marketing/Public Relations Arthritis support group

Breast/cervical screening Breast Center/Family Health Clinic

Breast-feeding hotline Labor & Delivery Breast is best classes Perinatal Cardiac rehabilitation Cardiac Rehab Perinatal/Nursery Car seat safety inspection

Community blood drive Laboratory/Marketing/Public Relations

Community blood pressure checks Infection Control/Nursing/Public Relations/Staff

Development

Community and hospital advancing maternity

practices

**Perinatal** 

**Social Services** 

Perinatal

Cardiac Rehab Comprehensive risk reduction program

Congenital heart defect screening Nursery/Pulmonary Function

Contract for outstation eligibility worker to assist

In processing applications and providing

CHIP/Medicaid outreach

Infection Control/Staff Development/Employee Health

Cradle call hotline Nursery

Disaster preparedness community **Disaster Committee** 

First aid training Infection Control/Staff Development

Hand washing programs for pre-school/ Infection Control/Nursing/Public Relations/Staff

Development

**CPR** training

Kindergarten/1st grade classes

Hearing screening Speech-Language Pathology Host monthly cancer support group meeting Marketing/Public Relations Hydrotherapy pool Physical Therapy/Wellness Center

Lactation clinic in cooperation with the Mississippi

State Department of Health/WIC program (support services for mothers and infants)

Mammogram assistance fundraising (Pink Heals) Breast Center/Marketing/Public Relations Maternity and infant fair Marketing/Perinatal/Public Relations

Newborn follow-up clinic Nursery

Nicotine dependency counseling **Pulmonary Function** Prenatal and postnatal exercise Perinatal/Wellness Center

Prepared childbirth classes Perinatal

Safe sitters program Marketing/Public Relations

Saturday morning sports clinic – football **Sports Medicine** Sports medicine concussion management program **Sports Medicine** 

Sports Medicine/Marketing/Nursing/Public Sports pre-participation physicals

Relations/Wellness Center

Marketing/Public Relations Stress management

VHA rapid adoption network Accreditation

Visits to schools (promote good health) Infection Control/Marketing/Nursing/Public Relations

Weight reduction programs Dietary/Wellness Center

Wellness walkers

Public Relations/Wellness Center

Wellness summer camp for youth

Wellness Center/Physical Therapy

Priority 2 - Access to affordable care & lack of access to preventive care and screenings (insurance/primary care providers) during FY 2015:

Marketing/Perinatal

#### **Departments Coordinating/Promoting**

Annual world breastfeeding celebration –

Mothers, babies and advocates

Arthritis foundation exercise program (AFEP) Wellness Center
Arthritis foundation aquatic program (AFAP) Wellness Center

Arthritis support group Wellness Center/Marketing/Public Relations

Breast/cervical screening Breast Center/Family Health Clinic

Breast-feeding hotline
Breast is best classes
Perinatal
Cardiac rehabilitation
Car seat safety inspection
Cardiac Rehab
Perinatal/Nursery

Community blood drive Laboratory/Marketing/Public Relations

Development

Community and hospital advancing maternity

practices

Comprehensive risk reduction program Cardiac Rehab

Congenital heart defect screening Nursery/Pulmonary Function

Contract for outstation eligibility worker to assist

In processing applications and providing

CHIP/Medicaid outreach

CPR training Infection Control/Staff Development/Employee Health

Perinatal

Perinatal

**Social Services** 

Cradle call hotline Nursery

Disaster preparedness community Disaster Committee

First aid training Infection Control/Staff Development

Hand washing programs for pre-school/ Infection Control/Nursing/Public Relations/Staff

Development

Kindergarten/1<sup>st</sup> grade classes

Hearing screening

Host monthly cancer support group meeting

Hydrotherapy pool

Speech-Language Pathology

Marketing/Public Relations

Physical Therapy/Wellness Center

Lactation clinic in cooperation with the Mississippi

State Department of Health/WIC program (support services for mothers and infants)

Mammogram assistance fundraising (Pink Heals)

Maternity and infant fair

Breast Center/Marketing/Public Relations

Marketing/Perinatal/Public Relations

Newborn follow-up clinic Nursery

Nicotine dependency counseling Pulmonary Function
Prenatal and postnatal exercise Perinatal/Wellness Center

Prepared childbirth classes Perinatal

Safe sitters program Marketing/Public Relations

Saturday morning sports clinic – football Sports Medicine
Sports medicine concussion management program Sports Medicine

Sports pre-participation physicals Sports Medicine/Marketing/Nursing/Public

Relations/Wellness Center

Stress management Marketing/Public Relations

VHA rapid adoption network Accreditation

Visits to schools (promote good health) Infection Control/Marketing/Nursing/Public Relations

Weight reduction programs Dietary/Wellness Center

Wellness walkers Wellness Center

Wellness summer camp for youth Wellness Center/Physical Therapy

# Priority 2 - Access to affordable care & lack of access to preventive care and screenings (insurance/primary care providers) during FY 2014:

## **Departments Coordinating/Promoting**

Arthritis foundation exercise program (AFEP) Wellness Center Arthritis foundation aquatic program (AFAP) Wellness Center

Arthritis support group Wellness Center/Marketing/Public Relations

Breast/cervical screening Breast Center/Family Health Clinic/Regional Health Clinic

Breast-feeding hotline Labor & Delivery
Breast is best classes Perinatal
Cardiac rehabilitation Cardiac Rehab
Car seat safety inspection Perinatal/Nursery

Community blood drive Laboratory/Marketing/Public Relations

Development

Comprehensive risk reduction program Cardiac Rehab
Contract for outstation eligibility worker to assist Social Services

In processing applications and providing

CHIP/Medicaid outreach

CPR training Infection Control/Staff Development/Employee Health

Cradle call hotline Nursery

Disaster preparedness community Disaster Committee

First aid training Infection Control/Staff Development

Hand washing programs for pre-school/ Infection Control/Nursing/Public Relations/Staff

Development

Kindergarten/1<sup>st</sup> grade classes

Hearing screening

Host monthly cancer support group meeting

Hydrotherapy pool

Speech-Language Pathology

Marketing/Public Relations

Physical Therapy/Wellness Center

Lactation clinic in cooperation with the Mississippi Perinatal

State Department of Health/WIC program (support services for mothers and infants)

Mammogram assistance fundraising (Pink Heals)

Breast Center/Marketing/Public Relations

Newborn follow-up clinic Nursery

Nicotine dependency counseling Pulmonary Function
Patient assistance fund Breast Center

Prenatal and postnatal exercise Perinatal/Wellness Center

Prepared childbirth classes Perinatal

Safe sitters program Marketing/Public Relations

Sports medicine concussion management program Sports Medicine

Sports pre-participation physicals Sports Medicine/Marketing/Nursing/Public

Relations/Wellness Center

Stress management Marketing/Public Relations

VHA rapid adoption network Accreditation

Visits to schools (promote good health) Infection Control/Marketing/Nursing/Public Relations

Weight reduction programs Dietary/Wellness Center

Wellness walkers Wellness Center

Wellness summer camp for youth Wellness Center/Physical Therapy

# Priority 2 - Access to affordable care & lack of access to preventive care and screenings (insurance/primary care providers) during FY 2013:

#### **Departments Coordinating/Promoting**

Arthritis foundation exercise program (AFEP) Wellness Center Arthritis foundation aquatic program (AFAP) Wellness Center

Arthritis support group Wellness Center/Marketing/Public Relations

Breast/cervical screening Breast Center/Family Health Clinic/Regional Health Clinic

Breast-feeding hotline Labor & Delivery
Breast is best classes Perinatal
Cardiac rehabilitation Cardiac Rehab
Car seat safety inspection Perinatal/Nursery

Community blood drive Laboratory/Marketing/Public Relations

Development

Comprehensive risk reduction program Cardiac Rehab
Contract for outstation eligibility worker to assist Social Services

In processing applications and providing

CHIP/Medicaid outreach

CPR training Infection Control/Staff Development/Employee Health

Perinatal

Cradle call hotline Nursery

Disaster preparedness community Disaster Committee

First aid training Infection Control/Staff Development

Hand washing programs for pre-school/ Infection Control/Nursing/Public Relations/Staff

Development

Stress management

Kindergarten/1st grade classes

Hearing screening

Host monthly cancer support group meeting

Hydrotherapy pool

Speech-Language Pathology

Marketing/Public Relations

Physical Therapy/Wellness Center

Lactation clinic in cooperation with the Mississippi

State Department of Health/WIC program (support services for mothers and infants)

Newborn follow-up clinic Nursery

Nicotine dependency counseling Pulmonary Function
Patient assistance fund Breast Center

Prenatal and postnatal exercise Perinatal/Wellness Center

Prepared childbirth classes Perinatal

Safe sitters program Marketing/Public Relations

Sports pre-participation physicals Sports Medicine/Marketing/Nursing/Public

Relations/Wellness Center Marketing/Public Relations

VHA rapid adoption network Accreditation

Visits to schools (promote good health) Infection Control/Marketing/Nursing/Public Relations

Weight reduction programs Dietary/Wellness Center

Wellness walkers Wellness Center

Wellness summer camp for youth Wellness Center/Physical Therapy

Priority 2 - Access to affordable care & lack of access to preventive care and screenings (insurance/primary care providers) during FY 2012:

#### **Departments Coordinating/Promoting**

Arthritis foundation exercise program (AFEP) Wellness Center Arthritis foundation aquatic program (AFAP) Wellness Center

Arthritis support group Wellness Center/Marketing/Public Relations

Breast/cervical screening Breast Center/Family Health Clinic/Regional Health Clinic

Breast-feeding hotline Labor & Delivery
Breast is best classes Perinatal
Cardiac rehabilitation Cardiac Rehab
Car seat safety inspection Perinatal/Nursery

Community blood drive Laboratory/Marketing/Public Relations

Development

Comprehensive risk reduction program Cardiac Rehab
Contract for outstation eligibility worker to assist Social Services

In processing applications and providing

CHIP/Medicaid outreach

CPR training Infection Control/Staff Development/Employee Health

Cradle call hotline Nursery

Disaster preparedness community Disaster Committee

First aid training Infection Control/Staff Development

Hand washing programs for pre-school/ Infection Control/Nursing/Public Relations/Staff

Development

Stress management

Kindergarten/1st grade classes

Hearing screening

Host monthly cancer support group meeting

Hydrotherapy pool

Speech-Language Pathology

Marketing/Public Relations

Physical Therapy/Wellness Center

Lactation clinic in cooperation with the Mississippi Perinatal

State Department of Health/WIC program (support services for mothers and infants)

Newborn follow-up clinic Nursery

Nicotine dependency counseling Pulmonary Function
Prenatal and postnatal exercise Perinatal/Wellness Center

Prepared childbirth classes Perinatal

Safe sitters program Marketing/Public Relations

Sports pre-participation physicals Sports Medicine/Marketing/Nursing/Public

Relations/Wellness Center Marketing/Public Relations

VHA rapid adoption network Accreditation

Visits to schools (promote good health) Infection Control/Marketing/Nursing/Public Relations

Weight reduction programs Dietary/Wellness Center

Wellness walkers Wellness Center

Wellness summer camp for youth Wellness Center/Physical Therapy

Priority 2 - Access to affordable care & lack of access to preventive care and screenings (insurance/primary care providers) during FY 2011:

## **Departments Coordinating/Promoting**

Arthritis foundation exercise program (AFEP) Wellness Center Arthritis foundation aquatic program (AFAP) Wellness Center

Arthritis support group Wellness Center/Marketing/Public Relations

Breast/cervical screening Breast Center/Family Health Clinic/Regional Health Clinic

Breast-feeding hotline Labor & Delivery Breast is best classes Perinatal Cardiac rehabilitation Cardiac Rehab Car seat safety inspection Perinatal/Nursery

Community blood drive Laboratory/Marketing/Public Relations

Community blood pressure checks Infection Control/Nursing/Public Relations/Staff

Development

Comprehensive risk reduction program Cardiac Rehab Contract for outstation eligibility worker to assist **Social Services** 

In processing applications and providing

CHIP/Medicaid outreach

**CPR** training Infection Control/Staff Development/Employee Health

Cradle call hotline Nursery

First aid training Infection Control/Staff Development

Hand washing programs for pre-school/ Infection Control/Nursing/Public Relations/Staff

Development

Kindergarten/1<sup>st</sup> grade classes

Physical Therapy/Wellness Center Hydrotherapy pool

Lactation clinic in cooperation with the Mississippi Perinatal

State Department of Health/WIC program (support services for mothers and infants)

Newborn follow-up clinic Nursery

Nicotine dependency counseling **Pulmonary Function** Perinatal/Wellness Center I Prenatal and postnatal exercise

Prepared childbirth classes Perinatal

Marketing/Public Relations Safe sitters program

Sports pre-participation physicals Sports Medicine/Marketing/Nursing/Public

> Relations/Wellness Center Marketing/Public Relations

Stress management Weight reduction programs **Dietary/Wellness Center** 

Wellness walkers **Wellness Center** 

Wellness summer camp for youth Wellness Center/Physical Therapy

## Priority 2 - Access to affordable care & lack of access to preventive care and screenings (insurance/primary care providers) during FY 2010:

#### **Departments Coordinating/Promoting**

Arthritis foundation aquatic program (AFAP) **Wellness Center** 

Wellness Center/Marketing/Public Relations Arthritis support group

**Labor & Delivery** Breast-feeding hotline Breast is best classes Perinatal Cardiac rehabilitation Cardiac Rehab

Car seat safety inspection Perinatal/Nursery

Community blood drive Laboratory/Marketing/Public Relations

Development

Comprehensive risk reduction program Cardiac Rehab
Contract for outstation eligibility worker to assist Social Services

In processing applications and providing

CHIP/Medicaid outreach

CPR training Infection Control/Staff Development/Employee Health

Cradle call hotline Nursery

First aid training Infection Control/Staff Development

Hand washing programs for pre-school/ Infection Control/Nursing/Public Relations/Staff

Development

Kindergarten/1<sup>st</sup> grade classes

Hydrotherapy pool Physical Therapy/Wellness Center

Lactation clinic in cooperation with the Mississippi Perinatal

State Department of Health/WIC program (support services for mothers and infants)

Newborn follow-up clinic Nursery

Nicotine dependency counseling Pulmonary Function
Prenatal and postnatal exercise Perinatal/Wellness Center

Prepared childbirth classes Perinatal

Safe sitters program Marketing/Public Relations

Sports pre-participation physicals Sports Medicine/Marketing/Nursing/Public

Relations/Wellness Center
Marketing/Public Relations

Stress management Marketing/Public Relations
Weight reduction programs Dietary/Wellness Center

Wellness walkers Wellness Center

Wellness summer camp for youth Wellness Center/Physical Therapy

## **Appendix 3**

## Priority 3 - Obesity (adult and child) Lack of physical activity during FY 2016:

#### **Departments Coordinating/Promoting**

Athletic trainer services for area schools Sports Medicine

Eating disorders counseling services Dietary

Hydrotherapy pool Physical Therapy/Wellness Center Metabolic testing for dietary wellness Dietary/Pulmonary Function

Nutrition consultation (one on one) Dietary

Personal training Wellness Center

Prenatal and postnatal exercise Perinatal/Wellness Center

Swimming lessons and lifeguard training Wellness Center

Visits to schools (promote good health) Infection Control/Marketing/Nursing/Public Relations

Weight reduction programs Dietary/Wellness Center

Wellness walkers Wellness Center

Wellness summer camp for youth Wellness Center/Physical Therapy

Yoga Wellness Center

#### Priority 3 - Obesity (adult and child) Lack of physical activity during FY 2015:

#### **Departments Coordinating/Promoting**

Athletic trainer services for area schools Sports Medicine

Eating disorders counseling services Dietary

Metabolic testing for dietary wellness

Hydrotherapy pool

Dietary/Pulmonary Function

Physical Therapy/Wellness Center

Nutrition consultation (one on one) Dietary

Personal training Wellness Center

Prenatal and postnatal exercise Perinatal/Wellness Center

Swimming lessons and lifeguard training Wellness Center

Visits to schools (promote good health) Infection Control/Marketing/Nursing/Public Relations

Weight reduction programs Dietary/Wellness Center

Wellness walkers Wellness Center

Wellness summer camp for youth Wellness Center/Physical Therapy

Yoga Wellness Center

#### Priority 3 - Obesity (adult and child) Lack of physical activity during FY 2014:

#### **Departments Coordinating/Promoting**

Athletic trainer services for area schools Sports Medicine

Eating disorders counseling services Dietary

Hydrotherapy pool Physical Therapy/Wellness Center

Nutrition consultation (one on one) Dietary

Personal training Wellness Center

Prenatal and postnatal exercise Perinatal/Wellness Center

Sports nutrition education to high schools Dietary

(one on one consults)

Swimming lessons and lifeguard training Wellness Center

Visits to schools (promote good health) Infection Control/Marketing/Nursing/Public Relations

Weight reduction programs Dietary/Wellness Center

Wellness walkers Wellness Center

Wellness summer camp for youth Wellness Center/Physical Therapy

Yoga Wellness Center

#### Priority 3 - Obesity (adult and child) Lack of physical activity during FY 2013:

#### **Departments Coordinating/Promoting**

Athletic trainer services for area schools Sports Medicine

Eating disorders counseling services Dietary

Hydrotherapy pool Physical Therapy/Wellness Center

Nutrition consultation (one on one) Dietary

Personal training Wellness Center

Prenatal and postnatal exercise Perinatal/Wellness Center

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Visits to schools (promote good health) Infection Control/Marketing/Nursing/Public Relations

Weight reduction programs Dietary/Wellness Center

Wellness walkers Wellness Center

Wellness summer camp for youth Wellness Center/Physical Therapy

Yoga Wellness Center

#### Priority 3 - Obesity (adult and child) Lack of physical activity during FY 2012:

#### **Departments Coordinating/Promoting**

Athletic trainer services for area schools Sports Medicine

Eating disorders counseling services Dietary

Hydrotherapy pool Physical Therapy/Wellness Center

Nutrition consultation (one on one) Dietary

Personal training Wellness Center

Prenatal and postnatal exercise Perinatal/Wellness Center

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Visits to schools (promote good health) Infection Control/Marketing/Nursing/Public Relations

Weight reduction programs Dietary/Wellness Center

Wellness walkers Wellness Center

Wellness summer camp for youth Wellness Center/Physical Therapy

Yoga Wellness Center

## Priority 3 - Obesity (adult and child) Lack of physical activity during FY 2011:

#### **Departments Coordinating/Promoting**

Athletic trainer services for area schools Sports Medicine

Eating disorders counseling services Dietary

Hydrotherapy pool Physical Therapy/Wellness Center

Nutrition consultation (one on one) Dietary

Personal training Wellness Center

Prenatal and postnatal exercise

Sports nutrition education to high schools

(one on one consults)

Swimming lessons and lifeguard training

Weight reduction programs

Wellness walkers

Wellness summer camp for youth

Yoga

Perinatal/Wellness Center

Dietary

**Wellness Center** 

**Dietary/Wellness Center** 

**Wellness Center** 

Wellness Center/Physical Therapy

**Wellness Center** 

## Priority 3 - Obesity (adult and child) Lack of physical activity during FY 2010:

## **Departments Coordinating/Promoting**

Athletic trainer services for area schools Eating disorders counseling services

Hydrotherapy pool

Nutrition consultation (one on one)

Personal training

Prenatal and postnatal exercise

Sports nutrition education to high schools

(one on one consults)

Swimming lessons and lifeguard training

Weight reduction programs

Wellness walkers

Wellness summer camp for youth

Yoga

**Sports Medicine** 

Dietary

Physical Therapy/Wellness Center

Dietary

**Wellness Center** 

Perinatal/Wellness Center

**Dietary** 

**Wellness Center** 

**Dietary/Wellness Center** 

Wellness Center

Wellness Center/Physical Therapy

**Wellness Center**