

OCH CENTER FOR BREAST HEALTH

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PATIENT HISTORY AND PHYSICAL**

Reason for visit:

Routine Follow-up Nipple Discharge
 Breast Lump: Left or Right Breast Pain or Tenderness
 Abnormal Mammogram
 Other Please Explain _____

Please list the name and city of your **PRIMARY PHARMACY**

Name: _____ City: _____

Are you taking any medications? Yes No

Please list any current medications including prescription, over the counter and herbal

Name of Medication	Dosage	How Often

Are you allergic to any medication? Yes No

Name of Medication	Type of Reaction

Please list all surgeries you have had and include dates

Procedure/Surgery	Date

Medical History

Have you ever been diagnosed with the following problems?

- | | | | |
|---------------------|-----------------|--------------------------|-----------------|
| Liver Disease | _____Yes_____No | Emphysema | _____Yes_____No |
| Asthma | _____Yes_____No | HIV | _____Yes_____No |
| Kidney Disease | _____Yes_____No | Seizures | _____Yes_____No |
| Anemia | _____Yes_____No | Reflux | _____Yes_____No |
| Stroke | _____Yes_____No | Ulcerative Colitis | _____Yes_____No |
| COPD | _____Yes_____No | Heart Attack | _____Yes_____No |
| Sleep Apnea | _____Yes_____No | Anxiety | _____Yes_____No |
| High Cholesterol | _____Yes_____No | Diabetes | _____Yes_____No |
| High Blood Pressure | _____Yes_____No | Hyperthyroidism | _____Yes_____No |
| Heart Disease | _____Yes_____No | Congestive Heart Failure | _____Yes_____No |

Other conditions not listed _____

- _____Yes_____No Have you ever had a mammogram? If yes, date and location of last mammogram

- _____Yes_____No Do you have children? Total # of pregnancies_____ How old were you when your first child was born? _____
- _____Yes_____No Did you breastfeed your children?
- _____Yes_____No Do you have menstrual periods? How old were you when they began? _____
- _____Yes_____No Is there a chance you are pregnant?
- _____Yes_____No Have you ever had a breast biopsy or cyst aspiration? If yes, which breast? _____

- | | |
|-----------------|--|
| _____Yes_____No | Have you ever been diagnosed with breast cancer? If yes, which breast? _____ |
| | At what age were you diagnosed? _____ |
| _____Yes_____No | Have you ever been diagnosed with Ovarian Cancer? If yes, at what age? _____ |
| _____Yes_____No | Have you been diagnosed with Colon or Endometrial/Uterine/Pancreatic Cancer?(Circle one/both)
If yes, at what age(s)? _____ |

- _____Yes_____No Have you ever had nipple discharge?
- _____Yes_____No Do you have breast pain or tenderness?
- _____Yes_____No Are you taking birth control pills or shots?
- _____Yes_____No Are you taking hormones? How long have you taken hormones? _____
- _____Yes_____No Are your nipples inverted? Left _____ Right _____

Family History

Does any member of your family have problems with any of the following?

Father		Mother	
Heart Disease	___Yes___No	Heart Disease	___Yes___No
High Blood Pressure	___Yes___No	High Blood Pressure	___Yes___No
Asthma	___Yes___No	Asthma	___Yes___No
Stroke	___Yes___No	Stroke	___Yes___No
Diabetes	___Yes___No	Diabetes	___Yes___No
Deceased	___Yes___No	Deceased	___Yes___No
Cause of death	_____	Cause of death	_____

Family Cancer History

Please consider the following relatives from both your Mother and Father's side of the family:

Father, Mother, sisters, brothers, your children, Grandparents, Aunts, Uncles, Great Grandparents, Great Aunts, Uncles

Have any of these relatives been diagnosed with any of the following cancers?

___Yes___No Breast Cancer? Who? _____ Age? _____

___Yes___No Colon Cancer? Who? _____ Age? _____

___Yes___No Ovarian Cancer? Who? _____ Age? _____

___Yes___No Endometrial Or Uterine Cancer? Who? _____ Age? _____

___Yes___No Other Cancers? Please Explain

Social History

Do you use tobacco products of any kind? ____ Yes ____ No

Approximately how often? _____

Do you consume alcohol? ____ Yes ____ No

Approximately how often? _____

Review of Systems

(Please circle all of the following symptoms you have recently had)

General Health:

Fever Chills Unintentional weight loss Sleeping problems Fatigue Dizziness Weight Gain

Lung or Respiratory:

Frequent non- productive cough Frequent productive cough Shortness of breath

Heart and Circulation:

Blacking out or fainting Chest pain Irregular heartbeat Swelling of ankles Chest discomfort

Trouble breathing on exertion Calf or leg pain

GI:

Abdominal pain Diarrhea Bloating Constipation Heartburn Nausea Vomiting Loss of appetite

GU:

Blood in urine Painful urination

Skin/Nails:

Abscess Cyst Ingrown toenail Keloid Lesion Mole Skin tag Tumor/mass Ulcer Wart
Breast mass/pain

Endocrine:

Excessive hunger Excessive thirst Excessive sweating Increased/decreased energy level Unwanted weight change

Please list any other symptoms you currently have that are not listed above _____

REVISION HISTORY

Author	Revision Date	Page #	Summary of Changes
Towana Gipson	09/07/2016	1	Header and Footer added
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