



OCH Regional Medical Center is dedicated to providing state-of-the-art maternity care with a personal touch. We strive to do everything possible to make this the experience of a lifetime!

Ready... Set...
Baby!

Read... Set... **BABY!** is a free educational program designed to counsel women in the prenatal stage about maternity care, including baby-friendly practices and the benefits and management of breastfeeding. Other important information is included to help women achieve their personal goals throughout pregnancy.

Special Beginnings
at OCH Regional Medical Center

www.och.org

If you need additional information regarding our classes or enrollment, please visit our website or call (662) 615-2842/3364.

2018 READY...SET...BABY! CLASS SCHEDULE

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|----------|----|--------|----|-----------|----|
| January | 15 | May | 21 | September | 17 |
| February | 19 | June | 18 | October | 15 |
| March | 19 | July | 16 | November | 19 |
| April | 16 | August | 20 | December | 17 |

Classes are held in the OCH Community Room every third Tuesday from 10:30am-Noon & 5:30pm-7pm.