

MAKE A SPLASH THIS SUMMER!

CLASSES AVAILABLE FOR ALL AGES AND LEVELS!!!

Toddler Splash — For 3-5-year-olds with or without prior swim experience, this fun class uses a variety of games to get children comfortable with the water and introduces pool safety.

Level I/Water Exploration — For the beginning swimmer, this class focuses on basic positions and movements in the water and advances students to unassisted swimming.

Level II/Primary Skills — For the swimmer who can swim unassisted but for only short distances, this class covers unassisted floating and gliding, freestyle and backstroke. It also introduces bobbing and treading water.

Level III/Stroke Readiness — For the swimmer who can demonstrate basic freestyle and backstroke, this class expands on previous concepts, focusing on proper technique with correct breathing and changing directions. It also introduces variations of the backstroke.

All classes emphasize pool and water safety and are led by American Red Cross-certified instructors.

50-Minute Lessons Monday-Friday

\$50 Members • \$60 Non-members
(Family's 3rd Child is ½ price)

All above classes are for those 15 and under. Adult classes and private lessons available; call for details.

323-WELL (9355)



Taught by American Red Cross-Certified Instructors

June 4-8

- 10:00 Toddler Splash
- 11:00 Level I & II
- 12:00 Level I & II
- 1:00 Level III & IV
- 2:00 Toddler Splash

June 11-15

- 10:00 Toddler Splash
- 11:00 Toddler Splash
- 12:00 Level I & II
- 1:00 Level I & II
- 2:00 Level III & IV

June 18-22

- 10:00 Level III & IV
- 11:00 Toddler Splash
- 12:00 Level I & II
- 1:00 Level I & II
- 2:00 Toddler Splash

June 25- June 29

- 10:00 Level I & II
- 11:00 Toddler Splash
- 12:00 Toddler Splash
- 1:00 Level I & II
- 2:00 Level III & IV

July 9-13

- 10:00 Toddler Splash
- 11:00 Level I & II
- 12:00 Level I & II
- 1:00 Level III & IV
- 2:00 Toddler Splash

July 16-20

- 10:00 Toddler Splash
- 11:00 Toddler Splash
- 12:00 Level I & II
- 1:00 Level I & II
- 2:00 Level III & IV

July 23-27

- 10:00 Level III & IV
- 11:00 Toddler Splash
- 12:00 Level I & II
- 1:00 Level I & II
- 2:00 Toddler Splash

July 30- August 3

- 10:00 Level I & II
- 11:00 Toddler Splash
- 12:00 Toddler Splash
- 1:00 Level I & II
- 2:00 Level III & IV